



Missouri HOSA Competitive Events Preparation Workshop Agenda

Stephens College, Columbia, MO

November 15, 2024

9:30 – 10:00 am

Registration

10:00 – 11:15 am

Opening Session

- Competitive Events Overview
- General Rules and Regulations
- Competitive Events Guidelines
- Recognition Events Overview
- Competitive Events Useful Tools
- What Every Competitor Needs to Know

11:30 am – 12:15 pm

Lunch

12:30 – 3:00 pm

Competitive Event Category Specifics & Practice Session Rotations

	HEALTH PROFESSIONS	EMERGENCY PREPAREDNESS	LEADERSHIP	TEAMWORK	RECOGNITION
12:30 PM	Clinical Laboratory Science	CPR/First Aid	Extemporaneous Writing – Health Policy	Public Service Announcement	Emotional Well-Being Challenge
1:00 PM	Emotional Well-Being Challenge	Clinical Laboratory Science	CPR/First Aid	Extemporaneous Writing – Health Policy	Public Service Announcement
1:30 PM	Public Service Announcement	Emotional Well-Being Challenge	Clinical Laboratory Science	CPR/First Aid	Extemporaneous Writing – Health Policy
2:00 PM	Extemporaneous Writing – Health Policy	Public Service Announcement	Emotional Well-Being Challenge	Clinical Laboratory Science	CPR/First Aid
2:30 PM	CPR/First Aid	Extemporaneous Writing – Health Policy	Public Service Announcement	Emotional Well-Being Challenge	Clinical Laboratory Science

2:30 – 3:00 pm

Closing Session & Wrap-Up

- Share Out of Valuable Resources and Take-Aways
- Review of Upcoming Deadlines

3:00 pm

Adjourn

Breakout Session Resources & Materials:

HEALTH PROFESSIONS EVENTS

- Clinical Laboratory Science (Obi)
 - [Clinical Laboratory Science 2024-2025 Guidelines](#)
 - [Sample Skill Scenario](#)

EMERGENCY PREPAREDNESS EVENTS

- CPR/First Aid (Amisha)
 - [CPR/First Aid 2024-2025 Guidelines](#)
 - [Sample Skill Scenario](#)

LEADERSHIP EVENTS

- Extemporaneous Writing - Health Policy (Neer)
 - [Extemporaneous Writing - Health Policy 2024-2025 Guidelines](#)
 - [Sample Letter](#)

TEAMWORK EVENTS

- Public Service Announcement (Wyatt)
 - [Public Service Announcement 2024-2025 Guidelines](#)
 - [Sample PSA Video](#)

RECOGNITION EVENTS

- Emotional Well-Being Challenge (Abhinav)
 - [Emotional Well-Being Challenge 2024-2025 Guidelines](#)

Helpful Resource Documents:

- [General Rules and Regulations](#)
- [Competitive Event Appendices](#)
- [Competition Useful Tools](#)
- [Competitive Event Samples](#)
- [Competitive Events 2024-2025 Update](#)
- [Competitive Event Digital Uploads](#)

Helpful Resource Videos:

- [Prepare for HOSA's Competitive Events](#)
- [Using the Digital Upload System Video Tutorial](#)
- [Recognition Events](#)
- [Member HOSA Activity Tracking System \(HATS\) Tutorial](#)
- [Missouri HOSA Conference Registration Video](#)